



Welcome Document
The student guide by ISCO

Indian Students Cultural Organization

Welcomes you to...

The University of Toledo

SPRING~2016



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Check List

The Indian Student Cultural (ISCO) helps both current and prospective students throughout their stay at University of Toledo. Please check the reminders section to make sure you do not forget important documents while traveling.

Things to remember:

- Get a copy of your previous syllabus along, as sometimes you may have prerequisites and you could waive it by proving you have covered such topics as usually the course requirements maybe covered by parts in the courses we do.
- You require your provisional or degree completion certificate (sometimes they do not accept a provisional from some universities), which has to be submitted at the graduate college. So it is always advisable to bring your original degree certificate with you or make necessary arrangements that it gets to you within first year of your study at University of Toledo.
- When traveling if you are a vegetarian specify for vegetarian food on your flight.
- Keep your cabin baggage as light as possible, during transits you may have to walk long distances. It would be good if you could get a trolley bag.
- If possible, bring an International Driving Permit (Driving License) from India. This will ease your process of getting Ohio Driver's License. Also carry your Indian Driver's license.
- Get your dental checkup done before you come here. Dental expense here are substantial which are not covered by most health insurance plans.
- Get your eye sight checkup done, and if you have sight get a spare pair of spectacles as they are usually expensive here.
- A TB test is also advisable as if they ask you to get one done here, it is also expensive and not only that their tests are sensitive and usually we Indians test positive for it. If possible get the blood test as well as chest x-ray done right before you leave India.
- Carry money as travelers' cheques, safest and convenient method of carrying money. You may bring some cash in US dollars in smaller denominations for immediate expenses.
- If you intend to cook Indian food then we would suggest getting along a pressure cooker and any flat-bottomed vessels that you would feel comfortable using. Flat bottom is recommended because most stove here are electric whose heat surface is flat.
- You could get along some masala powders, pickles etc. you could even carry some pulses etc., but we would suggest not to as we have Indian groceries around our campus. Any agriculture products that can germinate will be not allowed by customs department of USA. So if you plan to bring pulses, beans or any seeds, make sure that they are split seeds which cannot germinate.



- Here usually we wash clothes in Laundromats (maybe once in 10 days) so get clothes that would suit our washing conditions, as usually they are rough and tough.
- Get at least 10 to 12 sets of undergarments, socks (usually you get better ones here but you can get some to get starting)
- You will require warm clothes as it's usually quite cold here except for 2 - 3 months. We recommend you to purchase warm clothes from USA since they can better withstand cold conditions here.
- Do not get any stationary items like (staplers, punchers etc.)
- You should buy a good pair of sneakers, as you have to walk a lot here.
- If you are getting electronic items here check for voltage compatibility. Unlike India USA use 120v.
- A good school bag, a Visa folder (to hold cards), a wallet/ purses (leather goods are usually expensive here).
- Get some medicines which you think would be useful or any common health problems that you have you could get some basic medicines for headache, stomach ache, indigestion, fever etc. along with a doctor's prescription.

Baggage specifications

- Box specifications: (As an example the Air India economy class baggage specifications to the USA are given below. *Note the specifications may be different for other countries/airlines*).
- 2 pieces of baggage with total linear dimension (l+b+h) not exceeding 270cm (106").
- Moreover the total linear dimension of each piece should not be over 158 cms (62").
- The weight of each bag should not exceed 32kg (70 lb.) [note: they are not particular about this]
- Carryon baggage: In addition you can carry a bag with linear dimension not exceeding 115 cms (45") onboard (fits beneath the seat).
- Put a copy of the documents you are carrying in each piece of your luggage.
- Kitchen knives and liquid items like hair oil or body lotions are allowed in checked in baggage only.
- Do not carry any **sharp things in your carryon baggage** along with you as they are usually detected as weapons in the hand luggage. Bring no liquid items in your hand luggage.

What should I bring from INDIA?

Select the courses you are planning to take and find the corresponding books for those courses. If you don't find the books corresponding to the courses that you intend to take then you may request some of the ISCO members from your department for help. Please do not ask ISCO about courses you may take.



You are advised to have the MMR (measles, mumps, and rubella) immunization, and get a certificate of all vaccinations you had even as a child. Hepatitis-B vaccinations are also advised, but it takes 3 injections over 6 months. Consult your doctor on all this.

This list of other items has been constructed according to the personal experiences of people who have come here. Items may vary depending upon your lifestyle as well as your medical conditions. Hence, personal discretion is highly recommended. Also if you feel something necessary is not included in our list above, then please do send us an email and we will try and post that info as soon as possible.

	Item	Qty	Comments
A	Clothes #		
1	Full Sleeve Shirts	4	Depends maximum of 4 is recommended
2	Half Sleeve Shirts	4	
3	Formal Trousers	2	At least
4	Blazer (Informal) / Suit (Formal) Suit Recommended.	1	Optional
5	Tie	2	For professional interviews
6	T-shirts	5	Most frequently in Toledo weather
7	Jeans	3	
8	Shorts / Cargos / Bermudas	4	
9	Belts	2	Formal and Casual
10	Traditional	1	Highly Recommended



11	Sweater	2	Jerkin / Sweat shirts (Any one is better)
12	Pyjamas / Night Suit	3	
13	Under Garments	14	As u go to the laundry once in a week or 2
14	Towels	3	Preferably not Turkey towels as difficult to dry
15	Handkerchiefs	8	
16	Blanket (Light Weight)	1	Optional, depends on your baggage
17	Single Bed Sheet	2	
18	Bed Cover	2	
19	Pillow Cover	3	
20	Woolen Gloves	2	Leather & wool
21	Jacket	1	Optional
22	Thermal Underwear	-	Optional
23	Caps	-	Optional



B Footwear

1	Chappals / Sandals	1	Traditional Footwear / Sandals for Jeans
2	Slippers	1	Optional if for home use
3	Formal Black Leather Shoes	1	Better to have one
4	Casual Sport Shoes.	1	Daily use
5	Shoe Polish	1	For Formal Shoes
6	Shoe Polishing Brush	1	
7	Socks black for formal shoes	2	
8	Socks White	12	Cheaply Available here.

C Miscellaneous Items

1	Glasses / Contact Lenses	3	Must. Optics very expensive here.
2	Contact Lenses Solution	-	Check for yourself
3	Stitching Kit	1	
4	Alarm Clock	-	Buy electronic here, as batteries are costly
5	Camera	-	Optional
6	Music player	-	Optional
7	Recorded Music Cassettes	-	Optional



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|---|------------------------------------|---|--------------------------------|
| 8 | Wallet (to hold Credit Cards also) | 1 | Highly Recommended |
| 9 | Hangers | - | Don't bring. Cheaply available |

D Toiletries

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|----|-----------------------------|----|-------------------|
| 1 | Shaving Blades / Cartridges | 12 | Available here. |
| 2 | Razor | 1 | |
| 3 | Shaving Cream | - | Cheap here |
| 4 | Shaving Brush | 1 | |
| 5 | After Shave Lotion | 1 | |
| 6 | Trimming Scissors | 1 | |
| 7 | Tooth Brush | 2 | |
| 8 | Tooth Paste | 1 | |
| 10 | Comb | 2 | |
| 13 | Hair Oil | 2 | |
| 14 | Nail Cutter | 1 | Don't forget this |
| 16 | Talcum Powder | - | Optional |



18	Shampoo	-	Cheaply available
19	Bathing Soap	1	Cheaply available
20	Washing Soap	-	Don't get it. Cheaply available

E Cooking Hardware (Be sure that all vessels are Flat-Bottomed, b'coz u have electric stoves here)

1	Pressure Cooker 3 Litres	1	Bigger the better
2	Spare Dead Weight Valves	1	
3	Spare Safety Valves	2 or 3	
4	Spare Gaskets	2 or 3	
5	Frying Pan (Non-Stick)	1	Very good Quality recommended
6	Spoons Small Size	3 or 4	
7	Big Spoons / Spatula	2	
8	Steel Plates / Dishes	2	
9	Steel Glasses	2	
10	Pakkad / Tongs	1	
11	Kadai	1	Big size
12	Utensils / Patelis	3	Medium Size



13	Tea Filter / Galane	2 or 3	
14	Tea Making Utensil	1	
15	Knife (don't keep it in Cabin Baggage!!!)	-	Good Quality
16	Cutting Board	1	Optional
17	Cooking Book	1	Your mother's recopies highly recommended!;-)

F Cooking Groceries (Remember, All the items except the Masalas are recommended only if u have luggage space.)

1	Tea Powder	2 Kg	
2	Instant Coffee / Nescafe	-	Cheaply available. (Folgers)
3	Turmeric Powder / Haldi	250 gm	
4	Mustard Seeds / Mouri / Mohari / Ri	250 gm	
5	Red Chili Powder	250 gm	
6	Garam Masala	250 gm	
7	Dhane Powder	250 gm	
8	Jeera Powder	250 gm	
9	Jeera	100 gm	
10	Asofotida / Hing	1	



11	Sambar Masala	2	Bring as much as u can, as this will turn out to be your Staple Food!!!
12	Cholle/ Pav BhajiMasala	1	Recommended
13	Ready Instant Mixes (MTR kinds)	1-5	Recommended
14	Dals (All kinds espl Toor Dal)	1- 2Kg	Each (For Initial days)
15	Elaichi / Veldoda	100 gm	Optional
16	Clove / Lavang	100 gm	Optional
17	Papad	-	Optional
18	Aachar / Pickles	-	Bring many properly packed.
19	Tamarind Powder / Cocum / Tamarind Paste	1	Required
20	Sugar / Rice / Salt	-	Please Dont bring these.
21	Rava / Suji	1 Kg	This is very helpful in beginning

G Stationary

1	School Bag	1	A Little Expensive here
2	Ball Point Pen	2	Not needed available in plenty here
3	Refills	1	same as above
4	Bonded/Clutch Pencils	1	



5	Sharpener	1	
6	Eraser Pencil	1	
7	Clutch Pencil (0.5 mm)	1	
8	Lead Box (0.5 mm)	2	
9	Steel Scale 6"	1	Optional
10	Stapler	1	Don't Forget these
11	Stapler Pins	2 Boxes	
12	Punch	-	Plz Don't Bring. 3 holes punch Reqd here.
13	Scientific Calculator	1	Replace the batteries without fail!!
14	Cello Tape	1	Optional
15	Glue Stick / Glue	1	Optional
16	Sketch Pen	-	Optional
17	Note books / Papers / Files / Folders	-	Do not bring.

H Books (apart from course-work)

1	Oxford Concise Dictionary	1	
2	Books about India		Optional
3	Religious Books	-	Optional.



I Medicines (must bring)

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|----|---|-------|---|
| 1 | Vicks (Vaporub & Inhaler) | 1 | |
| 2 | Balm (Amrutanjan, etc) | 1 | |
| 3 | Iodex | 1 | |
| 4 | Dettol | 1 | |
| 5 | Some Band-Aides (wash proof) | 10 | |
| 6 | Iodine | 1 | Optional |
| 7 | Burnol | 1 | Important! Mr. Sanjeev Kapoors & Ms. Tarla Dalals !!! |
| 8 | Painkiller tabs like Combiflam, Brufen. | 20-30 | They dont go waste |
| 9 | Drugs and Antibiotics (for common fever & cold etc) | | Crocic , Amoxycillin, Disprin . |
| 10 | B-Complex tablets | | |
| 11 | Vaseline | 1 | Especially for ppl coming in winter |

And all the specialized medicines that you take. And, the things we missed.

J Miscellaneous

- | | | | |
|---|--------------------|--|--|
| 1 | Recent Photographs | | Remember!!! Memories are the best company. |
|---|--------------------|--|--|



2	General Photographs		Preferable to carry in CD's or online albums
3	Indian Calendar	1	
4	Handicraft Items		
5	Gifts	-	
K	Documents (Not limited to these)		
1	Passport / Photocopies		Leave a copy in each bag.
2	Admission Letter		Leave a copy in each bag.
3	I-20 & VISA photocopies		Leave a copy in each bag.
4	Credentials		Leave a copy in each bag.
5	Transcripts		Leave a copy in each bag.
6	Recommendation Letters		Leave a copy in each bag.
7	GRE / TOEFL Score Sheets		Leave a copy in each bag.
8	Medical Fitness Certificate		Leave a copy in each bag.
9	Health History Form		Leave a copy in each bag. (Provided by UMR)
10	Vaccination Certificate		MMR, TB test.
11	Medical Prescription of all medicines		Leave a copy in each bag.
12	College Leaving Certificate		Leave a copy in each bag. (Optional)



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|----|---|---|
| 13 | Foreign Clearance from Income Tax Dept. | Leave a copy in each bag. |
| 14 | International Driving License (I.D.P.) | Optional |
| 15 | Receipts of traveler cheques | One copy in each baggage |
| 16 | Enough Money | Cash with some change for phone calls and other initial stuff |

Type of clothes depends on the habits of an individual. As far as dressing code is concerned, there is none. Shorts and T-Shirts to the school are the ones popular here. No formal stuff it's highly casual. Try to get woolen stuff as it suits the climate here and woolen tends to withstand the extreme torture of machine washing and drying here quite well. Things left blank are optional and depends on individual's use.

Apartments around campus

ISCO would like to clarify the following points to new students

- 1) ISCO can only arrange for TEMPORARY ACCOMODATION to new students. Hence, it is the responsibility of the students to hunt for new apartments. **If the student contacts ISCO in advance we may be able to help get permanent accommodation by the time the student arrives but the student should make sure of paying ISCO the reservation charges once they get here as ISCO pays it from their funds.**
- 2) New students can contact the managements of the properties around campus to check how many (if any) apartments available and book the places as soon as possible.
- 3) The ISCO committee members can ONLY GUIDE students to search for apartments. There are lots of apartment complex offices around the University, where the students have to individually go and ask for availability.
- 4) ISCO will assist students but it our humble plea that the new students understand the situation and act independently and fast. ISCO committee members can neither guarantee you apartments nor can they accompany the new students to the apartment offices. For the benefit/convenience of the new students, we are listing the apartment complexes in this document.
- 5) Each apartment complex has 1 Bed and 2 Bed apartments and since demand for the places increases during this time of the year, it is advised that all options should be considered.



Most of the Indian students stay in off-campus apartments. They are good, affordable and available in the close vicinity of the university.

There are TWO kinds of apartments that are available:

- One-bedroom apartments \$450-\$550/month (generally shared by 2 people/ as per your requirement)
- Two bedroom apartments \$500-\$700/month (generally shared by 4 people / as per your requirement)

All the apartments have a refrigerator and a cooking range and are air-conditioned.

Main campus:

1. *The Flats at Douglas (Kenwood garden apartments)* (Reasonable pricing with good Indian population, 15 min walk to main campus, shuttle available at selected times to main campus and health science campus)
2. *Cedars apartments* (Reasonable pricing with high Indian population, 15 min walk to main campus, shuttle available at selected times to main campus and health science campus)
3. *University circle* (Reasonable pricing with good Indian population, 10 min walk to main campus)
4. *University Hills* (Little expensive and not many Indian population, very close to main campus)
5. *Vivo apartments* (Little expensive and not many Indian population, very close to main campus)
6. *Olde Towne University Square apartments* (Expensive and not many Indian population but very close to engineering campus)

Health science campus

1. *Courtyards on Glendale (Oak Hill court apartments)* (Reasonable pricing with good Indian population, 10 min walk to health science campus, shuttle available at selected times to main campus/ best suited for people who attend health science campus)
2. *Swan Park apartments* (Reasonable pricing with good Indian population)
3. *Swan Creek apartments* (Reasonable pricing with good Indian population)



Banking at Toledo

Banking in Toledo is much simple and very easy. You can choose from the following banks to open an account.

1. *Huntington bank*- A local bank of Toledo and very useful for students. A Branch of Huntington and also two ATM's are located on main campus. (Highly recommended for all)
2. *Key bank*- A local bank located close to campus. (Optional)
3. *PNC bank*- A local bank located close to campus. (Optional)

What to do when you arrive here:

- Choose a bank from above (preferably Huntington bank) and open an account.
- You will need your I-20, passport/visa and home address (local) information to open an account.
- You can withdraw the money from travelers card and deposit as soon as you open your account. (This is a very fast process).
- Alternatively you can also deposit your traveler's cheques and money which you bring from India.
- You will be given a temporary debit card; you can start using the card immediately. Within a week you will receive your permanent debit card.

Note: DON'T APPLY for any credit card for the 1st one year of your stay in US.



Pickup Information

Usually there are two options for people coming to Toledo.

A. Detroit Airport (DTW): 50 miles from University

B. Toledo Airport (TOL): 16 miles from University

Our organization provides airport pickups for minimal charges (*we charge only for the cost of gas*) which you can pay on your arrival.

A. Detroit Airport: 30\$ for pickup/ person

B. Toledo Airport: 10\$ for pickup/person

Please fill out the airport pick up and accommodation form by clicking on the link below. To avail our service you MUST become a Member of ISCO. Membership fee is \$10 per year which you can pay on your arrival. We insist all new coming Indian students to become member of ISCO with an expectation that once you are here and settled, you will help other new students in the same manner you have been helped.

Pickup and Accommodation request form:

<http://goo.gl/forms/5Zj9RKN0S1>

Our website:

<http://utoledoisco.org/>

**ISCO Panel members and contact information**

Post	Name	Number	E-mail
President	Krishnakant Patel	5673221961	krishnakant.patel@rockets.utoledo.edu
Advisory Board Member/Treasurer	Sandeepkumar Jagani	4194907179	sandeepkumar.jagani2@rockets.utoledo.edu
Vice President	Sai Kumar Naini	8455880017	saikumar.naini@rockets.utoledo.edu
Secretary	Anoli Shah	4195748595	anoli.shah@rockets.utoledo.edu
General Secretary	Neelam Jagani	4194903699	neelam.jagani@rockets.utoledo.edu
Undergraduate Vice-President	Hima Katrapati	5672772508	himabindu.katrapati@rockets.utoledo.edu
Event Manager	Swapnil Jadhav	4199027551	swapnil.jadhav@rockets.utoledo.edu
Event Co-coordinator	Manideep Yarlaga	7328964747	manideep.yarlagadda@rockets.utoledo.edu
Cultural Secretaries	Rishabh Chauhan	4192791864	rishabh.chauhan@rockets.utoledo.edu
	Jahnvi Yalamanchili	2017074059	jahnvi.yalamanchili@rockets.utoledo.edu
HSC Representative	Ami Mehta	4402128043	ami.mehta@rockets.utoledo.edu
	Akshith Dass	5133289760	akshith.dass@rockets.utoledo.edu
Marketing Manager	Raj Jessica Thomas	4403340059	raj.thomas@rockets.utoledo.edu
Public Relations Officer	Simoni Marfatia	5673011734	simoni.marfatia@rockets.utoledo.edu